

# 12 Step Torah

## supporting Jews in recovery from addictions

Now meeting twice a month!

1st & 3rd Thursday of each month\*

6:30-7:20 pm

Anshe Emet Synagogue, 3751 N Broadway, Chicago

\*except for synagogue closings and holidays

אֱ-לֹהֵי, תֵּן לִי אֶת הַשְּׁלוֹה

*Ey-LI teyn li et hashalVAH*

God, grant me the serenity

לְקַבֵּל אֶת הַדְּבָרִים שֶׁאֵין בִּיכוּלְתִי לְשַׁנּוֹתָם

*I'kaBEYL et had'vaRIM she'EYN b'YAcholti I'shanoTAM*

to accept the things I cannot change

אוּמֵץ לְשַׁנּוֹת אֶת הַדְּבָרִים אֲשֶׁר בִּיכוּלְתִי

*OHmetz I'shaNOT et had'vaRIM aSHER b'yacholTI*

courage to change the things I can

וּתְבוּנָה לְהַבְחִין בֵּינֵיהֶם

*ut'vuNAH I'havCHEEN baynayHEM*

and wisdom to know the difference.

**Sign up for our email list!** For up-to-date meeting info & for the weekly parasha, contact: Rabbi Heather Altman·773-983-9617·[12Step@rabbiheatheraltman.com](mailto:12Step@rabbiheatheraltman.com)

[See back for additional resources]